Rock Canyon/Runners Roost Race Schedule

**2018**

7:00am Packet Pick up

7:30am Middle School Boys - 2-mile

(Medals top 10 in finish chute)

7:50am Middle School Girls - 2-mile

(Medals top 10 in finish chute)

8:00am High School Coaches Meeting

8:30am Boys Varsity (run 7, score 5)

9:00am Girls Varsity (run 7, score 5)

9:30am Boys JV (unlimited entries, score 5)

(Medals Top 10 in chute)

10:00am Girls JV (unlimited entries, score 5)

(Medals Top 10 in Chute)

10:45am Awards