

# LIBERTY BELL TIME SCHEDULE 2023

\*All events girls first followed by boys  
 \*\*Coaches Meeting 30mins prior to start of each day

## Friday (Rolling – Times are an estimate)

4:30pm	100H	prelim
4:50	110H	prelim
5:10	100	prelim
6:10	400	prelim
7:10	300H	prelim
8:00	200	prelim
9:00	800	fastest 2 sections of b/g finals
9:25	3200	fast sections final



## Saturday \*All events finals (NOT rolling)

8:30am	3200 (slow sections)	finals
10:05	Sprint Medley (1-1-2-4)	finals
10:25	4x800	finals
11:20	100H	finals
11:30	110H	finals
11:35	100	finals
11:40	4x200	finals
12:40	1600	finals
2:30	4x100	finals
3:20	400	finals
3:25	300H	finals
3:40	200	finals
3:50	800	Slow sections finals
4:05	4x400	finals

*50th Anniversary*  
**Thanks to our sponsors!**



## FIELD EVENTS

3:30pm - B/G Long Jump

<b>Friday 4:30pm</b>	<b>Saturday 9:00am</b>
Boys High Jump	B/G Long Jump FINAL
Girls Pole Vault	Boys Pole Vault
Boys Shot Put	Girls High Jump
Girls Discus	B/G Triple Jump
	Girls Shot Put
	Boys Discus



**Runners Roost**  
 COLORADO

# **LIBERTY BELL Field Standards**

\*All events girls first, followed by boys

\*\*Weigh-in is at 3:30pm Friday and 8:15am Saturday

## **FIELD EVENTS**

### **Boys**

- **Discus- 70'**
- **Shot Put- 30'**
- **High Jump- 5'06"**
- **Long Jump- 17'**
- **Triple Jump- 34'**
- **Pole Vault-8'06"**

### **Girls**

- **Discus- 60'**
- **Shot Put- 24'**
- **High Jump- 4'04"**
- **Long Jump- 13'**
- **Triple Jump-28'**
- **Pole Vault- 6'7"**

